

"MONKEYPOX" / MPX

- What you can do -

The best protection against MPX is vaccination. Find more information on: iwwit.de/monkeypox-vaccination

Watch out for alterations in your skin. If in doubt, avoid physical contact.

Do not share objects during sex (e.g. dildos, sex toys and lubricants). **Do not share any textiles.**

Condoms during sex and gloves for fisting reduce the risk of particularly painful cases in the anal and genital area. But they do not protect against transmission to other parts of the body.

Have any symptoms checked by a doctor. Avoid sex/close skin-to-skin contact and stay at home until healed. Inform sex partners and others with whom there was close skin-to-skin contact. Also inform any flat mates.

You may also consider reducing the number of sex partners you have for a while.



“Monkeypox” / MPX is spreading among men who have sex with men.

The most common route of transmission is close, prolonged skin/mucous membrane contact with skin lesions or scabs - especially during sex. MPX can also be transmitted via objects, e.g. sex toys, clothing, bed linen or towels. Further information: iwwit.de/monkeypox-transmission

Typical symptoms include occasionally extremely painful skin lesions – including everything from spots/rashes to blisters to sores and scabs.

These usually start at the spot the virus entered the body - often in or around the mouth, penis/genital area, or anus.

The infection heals on its own but may leave scars.

Transmission remains possible until all wounds have healed, the scabs have fallen off and a new layer of skin has formed. This can take several weeks.



Find out more at:
iwwit.de/monkeypox